

# THE ONE QUESTION THAT CHANGES EVERYTHING

(This resource is a companion of the book *Life & Faith: from "This is it?" to "This is it!"*)

A handwritten signature in black ink that reads "Casey Ross". The signature is written in a cursive, flowing style.

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One question can change your life and faith in Jesus. The more you ask the question, the more you will experience a "This is it!" life and faith. So, it's up to you. You really can influence your own life and faith this much.

I'm making one assumption, though. Yes, I know that's dangerous. I'm assuming you read your Bible. If you do, you're ready for the question. If you don't, start that habit. Reading your Bible consistently will significantly impact your life and faith.

The writer of Hebrews 4:12 wrote, *"For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart."*

Paul wrote in 2 Timothy 3:15-17, *"and how from infancy you have known the Holy Scriptures, which are able to make you wise for salvation through faith in Christ Jesus. All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work."*

### **QUESTIONS TO ASK WHEN YOU READ YOUR BIBLE?**

1. What stands out to me?

Pay attention to what grabbed your attention. This question leads to knowledge.

2. What do I need to do differently?

Pay attention to what about you needs to change. This question leads to conviction.

3. What do I learn about God (my Heavenly Father, Jesus, the Holy Spirit)?

Pay attention to what God reveals to you about Himself. This question leads to knowledge.

### **THE ONE QUESTION THAT CHANGES EVERYTHING**

This is it! Are you ready for it? Knowledge and conviction are important to your faith. But they do not cause you to trust Jesus more. They do not cause your faith to grow. Trusting Jesus leads to trusting Jesus more. Here is the one question:

#### **How will I apply the Bible in a way that causes me to trust Jesus more?**

This question leads to application. But not just check-the-box application. It leads to application that leads to trusting Jesus more. And that is the point of your faith. Your faith does not exist for you to get smarter and feel guilty. Your faith exists for you to trust Jesus more and more and for those around you to be influenced toward faith in Jesus.

Apply what you read by taking a step that causes you to trust Jesus more. Steps that cause you to trust Jesus are steps that cause you to pause, feel nervous, and need Jesus' help. They don't have to be big, significant steps. They can be small steps. But they are steps that make you whisper, "Jesus, I need you to help me with this." When you take this kind of step, you feel something on the other side of the step. On the other side, you whisper, "Thank you, Jesus!"